



# Tailored News

## MESSAGE FROM THE PRESIDENT

They say that change is the only constant in life. That certainly holds true today. Fresh technologies, new players in the market, increased emphasis on population health and social determinants of health, the advance of consumer-friendly care delivery models ... all these factors and more promise a significant and lasting transformation of value-based care.

Carobell like others in the health care field, welcomes this change. Because as we have always done, we continue to advance our knowledge to lead transformation rather than allow transformation to lead us; thereby giving us the wisdom to shape and direct our future.

As we continue our mission to be “Compassionate about people ~ Passionate about quality” we remain vigil in providing supports that empower our members to reach their fullest potential.

## NATIONAL DEVELOPMENTAL DISABILITIES AWARENESS MONTH

Every day, our mission is to raise awareness for those with developmental disabilities, fostering individuality and independence. In March, this mindset is nationally recognized with Developmental Disabilities Awareness Month. Wondering how you can contribute and make a difference? Here are a few ways:

- \* Volunteer with an organization
- \* Be aware of your language
- \* Educate your community
- \* Search out wish lists, needs, and other opportunities on our website



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## SPECIAL POINTS OF INTEREST

- To donate or become a Carobell sponsor, contact us!
- For any newsletter contributions, ideas, requests, or questions, email Kimberly at [k.richardson@carobell.com](mailto:k.richardson@carobell.com)

## MEMBER SPOTLIGHT

Contributed by Lora Morse and Beverly Andrews

Sandridge One's resident princess is Dominique. She is fun-loving, energetic and outgoing!

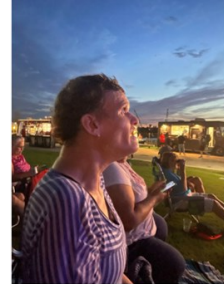
Naturally, she is the star of any room, she also loves to celebrate whenever possible. She loves music of all kinds, but is an adoring fan of Josh Grobin. She recently had the opportunity to witness him in concert in Wilmington and had an incredible time.

Dominique loves to show off her style. Periodically, throughout the day, she will take staff members by the hand and lead them to her closet when she is ready for a wardrobe change. If she is wearing a sweater or jacket, she will lift it by the

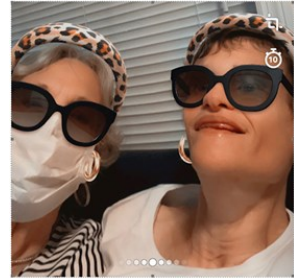
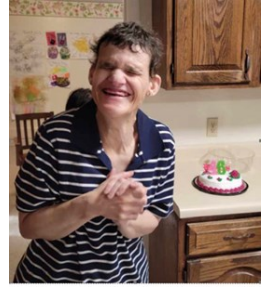
lapel to show how stylish she is feeling.

Dominique shows her nurturing side by caring for her choice personal belongings, and creating a soothing environment within her home. During her down time, Dominique likes to use her iPad, dance to the oldies with Richard Simmons, watch music videos, and help with chores around the house.

Her positive energy makes SR 1 a fabulous place to be!



From top to bottom: Dom showing off some of her Christmas gifts with Lora & Beverly; posing with her birthday cake; mesmerized by Josh Grobin onstage; Dom and her mother posing for a fabulous selfie



*“Care, Compassion, and Commitment... to the I/DD population of North Carolina”*

## HAPPY BIRTHDAY!!

Mindy  
Debra  
Annemarie  
Ray  
Clarine  
Brandon  
Jacqueline  
Skyleigh  
Terry  
Sherriel  
Amrihda  
Jasmine

## HOLIDAYS

St. Patrick's Day

## SPRING ENRICHMENT PROGRAM

Carobell's Spring Enrichment Program provides a structured yet fun learning environment. This program is designed to meet the needs of members with cognitive and intellectual disabilities starting at age 5 to adult.

Members will be provided with opportunities to participate in a variety of activities, both indoor and outdoor, as well as field trips.

Carobell's indoor heated pool and outdoor spa are available for those members who enjoy water activities. The swimmers are monitored by trained, certified personnel.

Carobell's Spring Enrichment Program consists of a one-week session in April for Onslow and Cape Carteret public schools.

Please call to inquire about costs.

Applications are available at Carobell's Administrative Office and on our website

**2023 Spring Schedule**  
Onslow April 3rd-April 6th  
Cape Carteret April 10th-April 14th  
Hours of Operation Day Programs:  
M-F 8:30am-3:00pm

For more information contact:

Latonya Lettley-Frost  
Adult Day Coordinator  
(910) 595-5518  
l.lettley@carobell.com

or

Mary Butts  
Program Director  
(910) 595-5513  
m.butts@carobell.com



*One Health's Care Management Team (L to R): Andrew Herring, Annemarie Cruise, Cyndi Jackson, Dr. Annette Gibbs*

## ONE HEALTH

We are proud to announce our Tailored Care Management agency: One Health, a subsidiary of Carobell, Inc.

The practice of Tailored Care Management was introduced to North Carolina in 2022 as a new approach to healthcare. It is a commitment to whole health and whole person care, which addresses both the medical and the non-medical components of well-being.

Our One Health team is made up of qualified, experienced care managers who are dedicated to showcasing their embodiment of the Carobell spirit to each member. The coordinate with healthcare providers, community resources, and provide education to ensure members' need are being met, concerns are being addressed, and solutions are being enacted.

The Director of One Health, Dr. Annette K Gibbs "is excited about being a part of an innovative development...[that] focuses on accomplishing the members' desired goals and aspirations". She leads the subsidiary to ensure all of One Health exemplifies Care, Compassion, and Commitment to their goals.

Cyndi, the Care Management Supervisor, joined us in November, and has continuously devotes her talents and expertise to ensuring the agency runs smoothly and efficiently. Andrew, and Eastern NC native earned a Bachelor's and Master's of Arts in psychology from NC Wesleyan and Northcentral University, respectively. He brings over 14 years experience in mental and behavioral health to the agency, committing to mental, emotional and physical wellness. Annemarie is an accomplished care manager, who recently relocated to the area from New York. She earned a Bachelor of Arts in Human Services from SUNY Binghamton, and has more than a decade of care management experience, dedicating herself to our purpose and mission as well.

We are immensely excited for this new era and opportunity to care for and serve the I/DD population of North Carolina, and know this team will rise to the challenge of becoming the industry standard of Tailored Care Management.



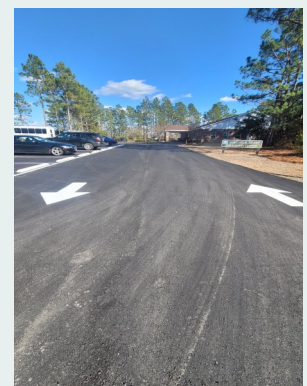
new parking spaces

## LOOK AT US GROW!

With the addition of our One Health subsidiary, we recognized the need to expand our parking and grounds to accommodate the increase in usage. On January 11, Collins Asphalt LLC began the work of clearing the landscape between the Administration building, and the existing blacktop of the Herschel R. Brown Vocational Center. Over the next two weeks, the skilled tradesmen cleared trees and hauled away debris. The next step was to level the area, followed by multiple truckloads of gravel, each layer spread and compacted to ensure a solid foundation for the final step.

The team of workers used asphalt pavers, hoppers, and steamrollers to give us our smooth surface, completed by painting lines, arrows, and even a crosswalk to achieve the beautiful final result. We are so appreciative to Collins Asphalt for their amazing and quick work in assisting to further the Carobell mission.

Collins Asphalt LLC  
Morehead City  
(252) 342-3650



new entrance

# DEPARTMENT & DIRECTOR INFORMATION

## CAROBELL, INC.

### MISSION

Carobell, Inc. is dedicated to empowering individuals to reach their fullest potential. Carobell is dedicated to providing 24-hour high-quality care and responsive services for children and adults with diagnosed Intellectual Developmental Disabilities. Our community based, person-centered environment is facilitated by dedicated nursing and direct care staff and is available for all North Carolina residents.

### VISION

To continue to develop professional services and quality supports that focus on empowering independence and personal dignity.



**Vanessa Ervin**, President/CEO



**Mary Butts**, Director of Programming



**Linda Crisman**, Director of Accounting



**Annette Gibbs**, Director of Care Management



**Hiram Grady**, Director of Nursing



**Rachel Jordan**, Director of Data Analytics and Quality Assurance



**Darryl Murphy**, Director of Operations



**Sebrina Phillips**, Facility Administrator



**Richard Walker**, Director of Human Resources

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PLEASE  
PLACE  
STAMP  
HERE